

## **Introduction**

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On October 15, 2017, a single tweet sparked a global sensation: “If you have been sexually harassed, respond to me too.” Within 24 hours, thousands of people had shared their story, exposing not only the widespread abuse but also revealing the culture of silence, fear, and complicity. The #MeToo Movement quickly became more than a hashtag; it became a catalyst for institutional change.

It's not just a movement; it's an act to show the lack of trust women have in the government. One is forced to conceal one's emotions because of the built-in fear. Existing law tells us that California requires basic training for handling domestic violence or sexual assault, but many officers report receiving only minimal instruction. There are not enough real connections to help them, especially with only about 12–15% of police officers being women, and even fewer are in leadership or investigative roles. There is a struggle to feel safe.